Hebrews 10:24-25 Let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together, as some are in the habit of doing, but let us encourage <u>one another</u>—and all the more as you see the Day approaching.

First, "Let us consider how we may spur one another on."

Second, "Let us not give up meeting together."

Third, "Let us encourage one another."

- > We need encouragement because everyone is having a hard time.
- > We need encouragement because we live in angry times.

Hebrews 10:25 "Let us encourage one another—and all the more as you see the Day approaching."

Luke 21:28 When these things begin to take place, stand up and lift up your heads, because your redemption is near!

## The E.Q. Test

- 1. Do my words of encouragement outweigh my words of criticism?
- 2. Am I uplifting to be around?
- 3. Do words of praise come easily to me?
- 4. Would those who know me best consider me an encouraging person?
- 5. Do I pass along good news and swallow the gossip?
- 6. Would I rather give praise or receive praise?
- 7. Do I focus on the positive qualities of other people?
- 8. Can you think of someone who needs encouragement right now?
- 9. Do I pray for the difficult people in my life?
- 10. Have I been diligent to encourage those closest to me?

How to be an Encourager

- Make sure you start each day by saying an encouraging word to each member of your family.
- > Before you say a word of criticism, say a prayer for the person you are criticizing.
- > When you feel the slightest urge to encourage someone, go ahead and do it.