James 4:6-10 But he gives more grace. Therefore it says, "God opposes the proud but gives grace to the humble." 7 Submit yourselves therefore to God. Resist the devil, and he will flee from you. 8 Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.9 Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. 10 Humble yourselves before the Lord, and he will exalt you.

1: Take a Knee

James 4:6-7a "But he gives more grace. Therefore it says, 'God opposes the proud but gives grace to the humble.' Submit yourselves therefore to God".

2: Fight Back

James 4:7b "Resist the devil, and he will flee from you".

3: Draw Near

James 4:8a "Draw near to God, and he will draw near to you".

4: Clean Up

James 4:8b "Cleanse your hands, you sinners, and purify your hearts, you double-minded".

Hosea 10:12 "Plow up the hard ground of your hearts, for now is the time to seek the LORD, that he may come and shower righteousness upon you".

5: Get Serious

James 4:9 "Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom".

6: Stay Low

James 4:10 "Humble yourselves before the Lord, and he will exalt you".